

Nonviolent Communication – Connecting with Children

A weekend workshop for anyone that works/lives with children

with **Marianne Göthlin** (Sweden, founder of a school based on the principles of Nonviolent Communication and mother, international Certified trainer CNVC, www.skolande.se) and **Yoram Mosenzon** (Israel/France, International trainer, www.connecting2life.net)

Saturday 20th and Sunday 21st March 2010 (both days from 10 – 17h),
Loenen (near Apeldoorn), The Netherlands

In this workshop, we will learn skills to create an empathic connection with the children in our life. We will learn how to listen to them, how to be honest with them, how to create a relationship with them based on partnership and equality. We will practice communication that eliminates fear, and fosters trust, cooperation and genuine mutual understanding.

In an interactive and safe learning environment, we will be invited to work on examples from our own life. We will practice NonViolent Communication (NVC) through demonstrations, role-playing and exercises in order to support the NVC values and language to become more integrated in our own daily situations.

We will explore & learn

- How to motivate children without punishment. How to express clear boundaries without transmitting guilt and shame and without using threats.
- To hear what is behind a child's "NO". What are they really trying to say to us?
- How to empower children to make their own choices
- How to give praise and appreciation, while supporting them in being self directed
- How to deal with anger?
- How to take good care of ourselves in order to be able to take good care of our children

Nonviolent Communication

Nonviolent Communication is an integrated communication process. Once learned and practiced, this simple process works to create connection, understanding, respect, cooperation in all relationships throughout one's life. It is a practical and powerful tool for life-long learning in the field of human relationships and in all endeavors.

Costs (including lunch)

individual: between €175 and €300* (* depending on income and free will)

student: €145

couple: between €300 and €550*

individual, when costs are refunded by employer: €300

For registration or additional information, please contact:

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